

Instructor Reflections and Remarks about the Course

INTRODUCTION

So, what might you expect in Anatomy and Physiology I? Here are a few points:

Anatomy and Physiology is a language; you will be introduced to a considerable litany of new vocabulary and need to use it correctly.

Anatomy and Physiology is a (mental) workout; you will make new connections and discard old ideas, which can challenge your world (career) view. However, building a solid foundation and understanding in any new field takes work.

Anatomy and Physiology is an adventure; we will be looking at material and topics that may never have been considered before. Expect to be illuminated.

With this stated, you will need to *STUDY HARD !!!*

But I am here to help. To be clear, I cannot do your work for you. But I am here to encourage and counsel in ways and techniques to best master the material. But you will certainly want to plan out your daily routine to include several hours daily toward the mastery of the course content.

TIME MANAGEMENT AND CAREER GOALS

We all come from different backgrounds, varying employment obligations, and perhaps family relationships and responsibilities need to be maintained. With all the various pulls on our time and resources, scheduling another major activity can sometimes be challenging. For example, scheduling several daily hours for study can be daunting for some. But it is a matter that must be looked at immediately and requires a quality decision if success is to be assured.

There are three important blocks of time that need to be accommodated for:

1. For every module, several hours must be devoted to instructional presentations and resources provided. During this time, module content is reviewed and considered, and notes are prepared.

2. Second, mastery of the material will require further review and study in preparation for a scheduled assessment.
- 3 Third, you will need to schedule a time block to take your assessment with the Testing Center during their regular hours of operation. These assessments usually do not take too long and are timed.

With this in mind, I encourage you to talk to those people important in your life about your educational needs at this juncture in your developing career. I would also encourage you to look carefully at all the time-demanding activities in your life and make appropriate adjustments in light of your important career aspirations. The word “*priorities*” comes to mind here.

COURSE STRUCTURE and INSTRUCTIONAL METHOD

This course is divided up into several topical units or modules. Each module has a particular set of instructional goals, and therefore, most units will be assessed individually. Access to specific unit instructional goals and assignments can be found under the course contents folder on Blackboard. Assessment is accomplished by way of exams that are to be completed on the date and time designated on the syllabus. Exam dates are to be found on the syllabus, but understand that these are target dates, and the potential exists for adjustment according to the progress of the lecture sequence.

FOR EACH UNIT YOU WILL BE EXPECTED TO:

- Master the anatomy as delineated in the lecture outlines.
- Master physiological themes, concepts, and processes presented in the course material relating to the anatomy.

With all this said, I am confident that you will find the course both challenging and enlightening and well worth the hard work you will need to invest.

Get ready to STUDY HARD !!!